**Helpful Numbers and Addresses**

Spire Gas

24 hrs/7 days a week.

800-887-4173

Ameren UE (Electric)

800-552-7583

Webster Groves Animal Hospital

Emergency room is open 24/7.

8028 Big Bend Blvd.

Saint Louis, MO 63119

(314)968-4310

Soulard Farmers Market

Indoor and outdoor market shops and stalls cool to walk through to see the “local” produce

730 Carroll St,

Saint Louis, MO 63104

Wed/Thu: 8 am -5 pm (Grand Hall shops and maybe a few outside vendors)

Fri: 7 am -5 pm (Grand Hall shops and Quite a few vendors)

Sat: 7 am-5:30 pm (Entire market open and full)

(Best to go early to beats crowds. However, better prices at the end of the day.)

Save-A-Lot

Reasonably priced/discount grocer, closest to home, my personal fave

1631 S. Jefferson Ave

Saint Louis, MO 63104

M-Sat: 8 am - 10 pm

Sun: 9 am- 9 pm

Maybe 3 minutes away. Take bags with you or buy them there. You bag your own groceries.

Schnucks Supermarket

Biggest in the immediate area. bigger selection.

1020 Loughborough Ave

Saint Louis, MO 63111

Mon-Sun 6 am- 12 am

Bigger/better selection than Save-a-lot especially if name brands are what you seek.

Costco

4200 Rusty Rd.

Saint Louis, MO 63128

**RANDOM FOLKS**

(in case of emergency or boredom)

Chris Dick

\*friend, lives closest\*

(734) 552-1247

Charity Powell

\*sister, knows the house/neighborhood, lives close\*

(314) 517-2057

Mike/Cherina Coffman

\*brother/sister-in-law, not very far away.\*

(314) 393-8854/(314)393-7074

Paul/Kea Baker

\*they’re a hoot, don’t gamble with Gina or Kea\*

(858) 437-2577 (Paul)

(618) 980-9433 (Kea)

Louis Coffman Sr

\*Dad,retired, needs a hobby\*

(314) 383-7083

**SIGHTSEEING**

Missouri Botanical Garden

4244 Shaw Blvd

Saint Louis, MO 63110

M-Sun: 9 am - 5 pm

Admission - $14

St. Louis Zoo

I think this one you can just add to GPS because it doesn’t really have an address.

Admission - free except for special exhibits

Parking - $15 for either North or South lot -or-

free (if you can find a space and don’t mind the walk)

St. Louis Art Museum

Literally up the hill Northwest of the zoo.

Admission - free except for special exhibits

Parking - $15 for underground garage

free on either East or West lots

(If you choose the North pay lot for the Zoo it’s about a quarter mile uphill walk to the Art museum)

St. Louis Galleria (mall)

1155 Galleria

St. Louis, MO 63117

M-Sat: 10 am - 9 pm

Sun: 10 am - 6 pm

Nice for people watching and getting in steps if it’s not so nice outside...oh, and shopping too.

**PIZZA DELIVERY**

(delivery address - 2927 Henrietta St. 63104)

Domino’s(best price and service)

(314) 773-4404

Papa John’s (good pizza/OK price)

(314) 621-7722

Jet’s (GREAT PIZZA/iffy service)

(314) 449-1118

**IZZY Times**

Food: 1.5 scoops 3 times a day (approx. 7:30, 1:30, 8:30)

Potty: Usually 3 times a day (excluding walks, kinda like feedings)

\*\* She may wake up in the middle of the night if she doesn’t go both before bed.\*\*

**IZZY-isms**

1. Izzy believes everything is for her use. (If she can get to it she will get to it.)

2. Izzy will throw a tantrum and grab everything in reach.

(When she gets bored and not getting attention.)

3. Izzy really doesn’t like cats or the little yappy dogs next door.

4. Izzy will have the “zoomies”. (Running around at top speed or spinning in circles.)

5. Izzy is a bed hog. (Especially when she gets too warm.)

**IZZY-Fixes**

1. We usually keep things out of reach or in the kitchen.

2. It’s usually when we’re at the table or when watching TV. We take things and just put them behind the couch until she calms down.

3. The strays in the neighborhood like to cross the lot and the lady next door just leaves her dogs out. She may take off and pull HARD. Try to notice them before Izzy does.

4. This usually happens at bedtime or very close to it. I think it’s her way of fighting sleep. If it happens in the bedroom, put her in the hallway until she calms down and stops barking/whining.

5. We usually drop the thermostat to 62/63 before bed and turn on the ceiling fan. This may not be a problem since it’ll be just the two of you.

**ALARM CHEAT SHEET**

1. Setting alarm - Touch the screen and drag to “STAY”. DO NOT USE “AWAY”.

2. Disarming - Touch and drag to disarm then enter your PIN.

3. False alarm - If you’re cooking and the smoke alarm goes off, for example,simply disarm using your pin at the panel. While at the panel an operator will come on to talk to you and ask for the password. They will hear you from the panel so just tell them.

4. EMERGENCY - You can call for police, fire, or ambulance from the panel. Just push the corresponding button.

5. That should be it.

NIT-PICKY STUFF

There are far too many to list in this handy..uh..handout, so... they will be found on sticky notes found around the house. You know, kinda like a boring scavenger hunt for annoying things written on little pieces of self adheisive paper. The good news is there should only be three.

Willkommen / bienvenue

WELCOME to the wonderfully exciting world that is...

izzyland

We are tremendously grateful for your presence and have come up with this packet to aid you in case of emergency or sudden onset of extreme boredom.

While there are a myriad of exciting and cool things to do around, we painstakingly selected these few which are tailored to your particular tastes and which we don’t mind you doing without us.

(DISCLAIMER- These are merely suggestions and you are more than free to choose any way you like to pass the time, but they are kinda interesting.)

Hopefully you will find this packet chock-full of helpful telephone numbers, addresses, directions, and a few tips to get you through the week with going crazy.

We here at IZZYLAND know you have options when deciding what to do with your free time and didn’t *have* to pick us. We truly appreciate your choice and hope to have you again soon.

Thank you,

Management